



Pesticides In Produce

Dirty Dozen

The twelve crops that farmers typically use the most pesticides on

- Strawberries
- Spinach
- Kale
- Nectarines
- Apples
- Grapes
- Peaches
- Cherries
- Pears
- Tomatoes
- Celery
- Potatoes

Clean Dozen

The fifteen fruit and vegetable that have the lowest amount of pesticide residue.

- Avocados
- Sweetcorn
- Pineapple
- Onions
- Papaya
- Sweet Peas
- Aubergine
- Asparagus
- Cauliflower
- Cantaloupe
- Honeydew Melon
- Broccoli
- Mushrooms
- Cabbage
- Kiwi

